

# Statistical Methods

## 14 Sample Size Calculations

Based on materials provided by Coventry University and Loughborough University under a National HE STEM Programme Practice Transfer Adopters grant



# Type II errors and sample size calculations

We shall consider:

- Things that can go wrong in statistical testing (recap from Workshop 8)
- Effect sizes
- Statistical power
- Power calculations

# Things that can go wrong

|                | $H_0$ really true | $H_0$ really false |
|----------------|-------------------|--------------------|
| $H_0$ rejected | Type I error      | Correct decision   |
| $H_0$ accepted | Correct decision  | Type II error      |

- Type I error is equivalent to **convicting the innocent**
- Type II error is equivalent to **acquitting the guilty**
- Reducing the chance of a Type I error by changing the significance threshold increases the chance of a Type II error
- The best solution is to **increase the sample size**
- The **power** of a test is **1 – Probability(Type II error)**

# Effect sizes

- ❑ Different definitions
- ❑ A common one is Cohen's  $d$ :
  - Given two samples  $X_1$  and  $X_2$ ,  $d = (X \downarrow 1 - X \downarrow 2) / s$
  - Where  $s$  is the standard deviation of the combined sample  $X_1$  and  $X_2$
  - Cohen (1988) classifies  $d$  as follows:

| Effect size   | Interpretation |
|---------------|----------------|
| 0.2 to 0.3    | Small          |
| About 0.5     | Medium         |
| 0.8 and above | Large          |

# Example

For the Pulse data set:

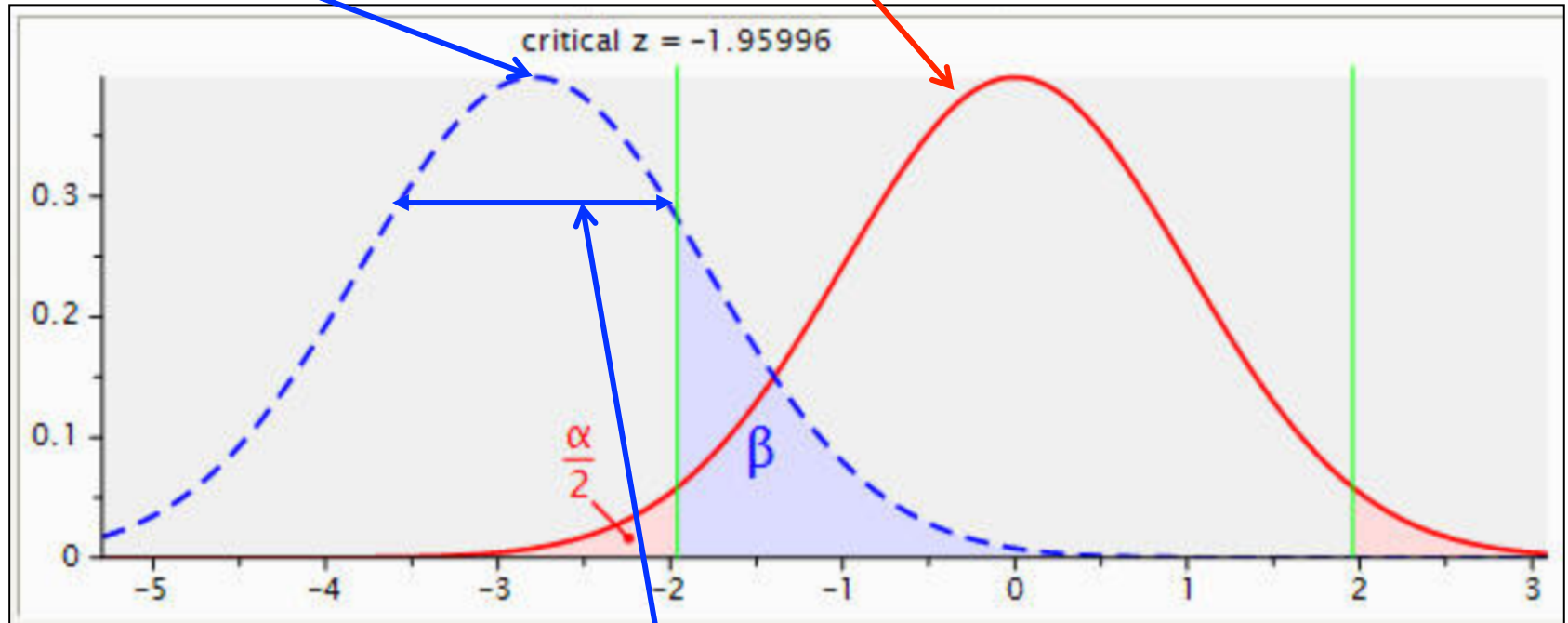
- ❑  $X_1$  = Initial pulse for non/not regular smokers
- ❑  $X_2$  = Initial pulse for regular smokers
- ❑  $\bar{X}_1 = 71.94$
- ❑  $\bar{X}_2 = 76.00$
- ❑  $s = 10.75$
- ❑  $d = 0.378$
- ❑ So the effect size of smoking on pulse for the samples is “small to medium”

# Statistical power

- ❑ Just as there is a standard level of statistical significance ( $\alpha$ ) of 0.05 to reduce the possibility of Type I errors there is also a recommended minimum value for the power of statistical test of **0.8**
- ❑ This means the cut-off value for the probability of a Type II error ( $\beta$ ) is **0.2**
- ❑ Given  $\alpha$  and an estimate of the effect size ( $d$ ) the minimum sample size(s) required to achieve a given power level ( $1-\beta$ ) can be calculated
- ❑ **Note:** The effect size must be estimated **before** the experiment, e.g. from prior research, and not based on the data

# Example – normal distribution

- Standard normal distribution (mean 0, standard deviation 1)
- Estimate of second sample parameter mean based on  $\bar{x}$



- $\alpha = 0.05, \beta = 0.2$

- Standard deviation of estimate is proportional to  $1/\sqrt{n}$

# Sample sizes for t-tests

**Paired samples t-test,  $\alpha = 0.05$ ,  $\beta = 0.8$ :**

| Effect                    | Small | Medium | Large |
|---------------------------|-------|--------|-------|
| Effect size               | 0.2   | 0.5    | 0.8   |
| Minimum total sample size | 199   | 34     | 15    |

**Independent samples t-test,  $\alpha = 0.05$ ,  $\beta = 0.8$ , equal sample sizes:**

| Effect                        | Small | Medium | Large |
|-------------------------------|-------|--------|-------|
| Effect size                   | 0.2   | 0.5    | 0.8   |
| Minimum sample size per group | 392   | 64     | 26    |



# Application – Pulse data

- ❑  $d = 0.378$  (from the data)
- ❑ If we had assumed a small effect size we would have needed 392 in each group with equally sized groups
- ❑ If we had assumed a medium effect size we would have needed 64 in each group with equally sized groups
- ❑ As there were 64 in Group 1 and 27 in Group 2 we could have used <http://www.biomath.info/power/ttest.htm> to estimate the group sizes with this ratio for an effect size of 0.5:
  - Minimum Group 1 size = 105
  - Minimum Group 2 size = 45
- ❑ Clearly there were insufficient sample sizes to reduce the risk of a Type II error to a satisfactory level

# Bibliography

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- Fox, N., Hunn, A. & Mathers, N. (2009) *Sampling and sample size calculation*. [pdf] Available at: [http://rds-eastmidlands.nihr.ac.uk/resources/doc\\_download/9-sampling-and-sample-size-calculation.html](http://rds-eastmidlands.nihr.ac.uk/resources/doc_download/9-sampling-and-sample-size-calculation.html) [Accessed 8/01/14].
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